



OF COLLIER COUNTY  
presents

# Dealing with Frustrations

## A Support Group Meeting

- **What types of frustrations are most difficult?**
- **What type of frustrations occur most frequently?**
- **How can we deal with these frustrations?**
- **Bring your questions and problems**

Monday, March 22, 2010  
7:00 - 9:00 P.M.

**Physicians Regional**  
**Pine Ridge Road**  
**Physicians Dining Room**  
(follow signs for the dining room)

For more information or questions, call Janet Hoffman at 352-7223, coordinator of CHADD of Collier County.

CHADD of Collier County is a local chapter of the national non-profit organization that provides information and support to adults and to parents of children with Attention Deficit/Hyperactivity Disorder (all sub-types), and to educators and other interested professionals. **Educators receive 2 MIP points for speaker meetings.** CHADD meets on the 4<sup>th</sup> Monday of each month August through April excluding December.